

# Surgery Newsletter



## OUR FLU VACCINATION CAMPAIGN HAS STARTED

This year there are two types of Flu Vaccines - one for people aged 65 and over and one for people under 65.

To limit the risk of giving the incorrect vaccine to patients we are holding separate Clinics for Over 65s and Under 65s.

There has been a supply issue this year regarding the vaccines, which is beyond our control and has governed when we have been able to provide clinics.

*Please support your practice by having your vaccination at the Surgery rather than at a Chemist, as this affects our income and could impact on the services we are able to provide to our patients. Remember our Practice Nurses are fully qualified and experienced , plus we have access to your medical records!*



## Having trouble booking an appointment?

## Why not try our new service e-CONSULT?

## How does it work?

Go onto our Practice Website at: [www.bridgemarymedicalcentre.co.uk](http://www.bridgemarymedicalcentre.co.uk) and click on the 'Get Started Now' button (as shown below).

Find your health condition and fill out a simple online questionnaire

The GP / Practice will get back to you with feedback and treatment options

**Beat the queue!  
Consult our  
doctors from home**

**GET STARTED NOW**

- 1** Send us details about your condition
- 2** A doctor decides on the best treatment for you
- 3** We ring you back with advice, prescription or an appointment

## Useful Information

Surgery Telephone No:

01329 232446

Out of Hours Service Telephone No:

Dial 111 (NHS 111 Service)

Surgery Opening Hours:

Mon—Fri 8.00am to 6.00pm

Telephones manned until 6.30pm

Surgery Fax No:

01329 282624

Email Address to register for On-Line Services:

FGCCG.BridgemaryMedicalCentre-Reception@nhs.net

Surgery Website:

[www.bridgemarymedicalcentre.co.uk](http://www.bridgemarymedicalcentre.co.uk)

**We close for Staff Training on the 2nd Wednesday every month from 12.30 to 2.00pm**



## GP Extended Access Service.....

### Making Appointments: giving you more choice

#### Would you like to be able to make appointments for the evenings or at weekends?

You can now book appointments in the new 'Extended Access' service located at a local NHS site. Appointments are available up to **8pm on weekdays**, from **8am to 4.30pm on Saturdays** and on **Sunday mornings**. To book a routine appointment during these times please ask our Receptionists. More information is available on our website: [www.bridgemarymedicalcentre.co.uk](http://www.bridgemarymedicalcentre.co.uk)



### Text Reminders

Please ensure we have your up to date mobile number so that we can send you reminders of your booked appointments and other information

Should you wish to opt out of this service please notify reception.

**Be self-care aware!**

**NHS**

### Compare the costs below

Where you visit	Self-care (Pharmacy or Supermarket)	GP & Pharmacy	Walk-in Centre	A&E
Indigestion & Heartburn	£3.99	£35.28	£43.43	£69.99
Hay Fever	£2.50	£33.79	£42.04	£65.50
Blocked Nose	£3.99	£35.28	£43.53	£66.99
Pain (paracetamol)	£0.59	£31.88	£40.13	£63.59

**Make the right choice for YOU and YOUR NHS**

Choosing to **self-care** when you suffer from a minor illness can help you and the NHS.

Its **simple, quick, easy** and **considerate.**

Find out more about self-care at: [www.nhsstaywelderbyshire.co.uk](http://www.nhsstaywelderbyshire.co.uk)

**Be self-care aware**

### Missed Appointments

On average we have **27 missed appointments per week**. (14 GP and 11 Nurse).

This equals over 100 a month!

These appointments are needed by other patients who are having to wait 2 to 3 weeks for an appointment.

Please let us know when you no longer needed a booked appointment so that we can offer it to other patients.

Please help us by encouraging friends and family to cancel any appointments they no longer need as it may be you having to wait longer for one next time.

**Staff changes**—We are pleased to welcome Lynne to the Team as our Secretary and also Isabella who has been doing her Apprenticeship with us so successfully that she has secured a permanent position with us as Reception and Admin Support.